MARCH 2025

		High		Low	
		a.m.	p.m.	a.m.	p.m.
1	Sat.	8:10	8:40	2:04	2:27
2	Sun.	8:54	9:27	2:54	3:09
3	Mon.	9:42	10:19	3:46	3:53
4	Tue.	10:33	11:15	4:42	4:41
5	Wed.	11:29	------	5:43	5:35
6	Thur.	12:15	12:32	6:50	6:35
7	Fri.	1:24	1:51	8:08	7:46
8	Sat.	2:43	3:20	9:24	9:03
9	**Sun.**	**4:54**	**5:28**	**11:25**	**11:10**
10	Mon.	5:51	6:23	------	12:17
11	Tue.	6:41	7:11	12:07	1:02
12	Wed.	7:24	7:51	12:58	1:40
13	Thur.	8:01	8:26	1:44	2:14
14	Fri.	8:34	8:57	2:24	2:44
15	Sat.	9:04	9:26	3:01	3:12
16	Sun.	9:33	9:55	3:37	3:41
17	Mon.	10:04	10:28	4:13	4:11
18	Tue.	10:38	11:05	4:52	4:43
19	Wed.	11:18	11:48	5:34	5:20
20	Thur.	------	12:02	6:21	6:02
21	Fri.	12:35	12:52	7:14	6:52
22	Sat.	1:28	1:49	8:16	7:51
23	Sun.	2:29	3:00	9:26	9:01
24	Mon.	3:38	4:16	10:27	10:12
25	Tue.	4:42	5:17	11:17	11:14
26	Wed.	5:37	6:09	------	12:02
27	Thur.	6:28	6:58	12:11	12:46
28	Fri.	7:17	7:45	1:07	1:30
29	Sat.	8:04	8:31	2:00	2:13
30	Sun.	8:50	9:17	2:51	2:56
31	Mon.	9:36	10:05	3:42	3:40

New Moon - 29th **First Quarter - 6th**
Full Moon - 14th **Last Quarter - 22nd**

Black Drum

APRIL 2025

		High		Low	
		a.m.	p.m.	a.m.	p.m.
1	Tue.	10:25	10:57	4:34	4:27
2	Wed.	11:20	11:54	5:30	5:18
3	Thur.	------	12:21	6:31	6:15
4	Fri.	12:56	1:30	7:36	7:20
5	Sat.	2:04	2:52	8:49	8:35
6	Sun.	3:21	4:12	10:00	9:55
7	Mon.	4:30	5:13	10:57	11:01
8	Tue.	5:26	6:03	11:43	11:55
9	Wed.	6:13	6:46	------	12:23
10	Thur.	6:55	7:23	12:43	12:58
11	Fri.	7:32	7:56	1:26	1:31
12	Sat.	8:05	8:25	2:06	2:02
13	Sun.	8:35	8:52	2:42	2:32
14	Mon.	9:05	9:22	3:16	3:02
15	Tue.	9:36	9:54	3:52	3:33
16	Wed.	10:11	10:31	4:29	4:07
17	Thur.	10:52	11:14	5:10	4:45
18	Fri.	11:39	------	5:57	5:30
19	Sat.	12:02	12:32	6:46	6:23
20	Sun.	12:55	1:30	7:43	7:24
21	Mon.	1:52	2:37	8:43	8:35
22	Tue.	2:56	3:48	9:42	9:50
23	Wed.	4:01	4:49	10:33	10:55
24	Thur.	5:01	5:41	11:20	11:54
25	Fri.	5:56	6:31	------	12:06
26	Sat.	6:48	7:20	12:51	12:53
27	Sun.	7:40	8:09	1:46	1:40
28	Mon.	8:30	8:57	2:39	2:28
29	Tue.	9:19	9:46	3:30	3:15
30	Wed.	10:11	10:38	4:22	4:05

New Moon - 27th **First Quarter - 5th**
Full Moon - 13th **Last Quarter - 21st**

May 2025

		High		Low	
		a.m.	p.m.	a.m.	p.m.
1	Thur.	11:10	11:36	5:18	4:59
2	Fri.	------	12:16	6:17	5:59
3	Sat.	12:37	1:25	7:18	7:05
4	Sun.	1:39	2:38	8:21	8:18
5	Mon.	2:46	3:48	9:23	9:35
6	Tue.	3:52	4:45	10:16	10:40
7	Wed.	4:48	5:32	10:59	11:33
8	Thur.	5:35	6:12	11:36	------
9	Fri.	6:18	6:48	12:20	12:10
10	Sat.	6:57	7:21	1:03	12:44
11	Sun.	7:33	7:52	1:44	1:19
12	Mon.	8:06	8:23	2:21	1:53
13	Tue.	8:39	8:55	2:57	2:28
14	Wed.	9:13	9:29	3:34	3:03
15	Thur.	9:51	10:07	4:11	3:40
16	Fri.	10:33	10:50	4:52	4:21
17	Sat.	11:23	11:37	5:37	5:09
18	Sun.	------	12:17	6:25	6:04
19	Mon.	12:28	1:14	7:13	7:06
20	Tue.	1:22	2:15	8:05	8:15
21	Wed.	2:20	3:19	8:58	9:29
22	Thur.	3:23	4:20	9:51	10:36
23	Fri.	4:27	5:15	10:41	11:37
24	Sat.	5:26	6:07	11:30	------
25	Sun.	6:23	6:59	12:35	12:21
26	Mon.	7:19	7:50	1:32	1:12
27	Tue.	8:14	8:41	2:27	2:05
28	Wed.	9:06	9:31	3:19	2:56
29	Thur.	10:00	10:22	4:10	3:48
30	Fri.	11:00	11:16	5:03	4:43
31	Sat.	------	12:04	5:57	5:42

New Moon - 27th **First Quarter - 4th**
Full Moon - 12th **Last Quarter - 20th**

Speckled Trout

JUNE 2025

		High		Low	
		a.m.	p.m.	a.m.	p.m.
1	Sun.	12:12	1:06	6:50	6:44
2	Mon.	1:06	2:07	7:42	7:49
3	Tue.	2:00	3:08	8:32	9:00
4	Wed.	2:57	4:04	9:21	10:07
5	Thur.	3:56	4:52	10:06	11:02
6	Fri.	4:49	5:33	10:45	11:50
7	Sat.	5:35	6:11	11:23	------
8	Sun.	6:18	6:47	12:35	12:00
9	Mon.	6:59	7:23	1:19	12:39
10	Tue.	7:39	7:58	2:00	1:20
11	Wed.	8:17	8:33	2:39	2:00
12	Thur.	8:55	9:10	3:16	2:41
13	Fri.	9:35	9:48	3:54	3:21
14	Sat.	10:19	10:30	4:33	4:05
15	Sun.	11:08	11:15	5:15	4:55
16	Mon.	------	12:01	5:58	5:50
17	Tue.	12:04	12:55	6:43	6:51
18	Wed.	12:56	1:50	7:29	7:57
19	Thur.	1:50	2:50	8:19	9:09
20	Fri.	2:51	3:53	9:13	10:20
21	Sat.	3:57	4:52	10:09	11:23
22	Sun.	5:03	5:49	11:03	------
23	Mon.	6:05	6:44	12:23	11:57
24	Tue.	7:05	7:38	1:21	12:53
25	Wed.	8:03	8:29	2:16	1:49
26	Thur.	8:57	9:17	3:07	2:43
27	Fri.	9:49	10:04	3:54	3:34
28	Sat.	10:43	10:52	4:41	4:26
29	Sun.	11:39	11:40	5:28	5:20
30	Mon.	------	12:33	6:13	6:16

New Moon - 25th **First Quarter - 3rd**
Full Moon - 11th **Last Quarter - 18th**

JULY 2025

		High		Low	
		a.m.	p.m.	a.m.	p.m.
1	Tue.	12:26	1:24	6:55	7:13
2	Wed.	1:10	2:15	7:37	8:14
3	Thur.	1:56	3:09	8:20	9:21
4	Fri.	2:50	4:01	9:06	10:23
5	Sat.	3:51	4:49	9:53	11:16
6	Sun.	4:48	5:33	10:39	------
7	Mon.	5:40	6:15	12:05	11:23
8	Tue.	6:27	6:56	12:51	12:07
9	Wed.	7:13	7:35	1:36	12:53
10	Thur.	7:56	8:14	2:16	1:39
11	Fri.	8:37	8:51	2:54	2:23
12	Sat.	9:18	9:29	3:31	3:08
13	Sun.	10:01	10:10	4:07	3:53
14	Mon.	10:48	10:54	4:46	4:43
15	Tue.	11:38	11:42	5:27	5:38
16	Wed.	------	12:31	6:10	6:37
17	Thur.	12:32	1:25	6:56	7:41
18	Fri.	1:26	2:24	7:46	8:52
19	Sat.	2:26	3:30	8:43	10:06
20	Sun.	3:37	4:37	9:45	11:13
21	Mon.	4:51	5:38	10:46	------
22	Tue.	5:58	6:36	12:14	11:45
23	Wed.	7:00	7:29	1:12	12:43
24	Thur.	7:56	8:18	2:04	1:40
25	Fri.	8:46	9:02	2:50	2:32
26	Sat.	9:32	9:43	3:32	3:20
27	Sun.	10:17	10:22	4:11	4:06
28	Mon.	11:02	11:02	4:49	4:54
29	Tue.	11:47	11:42	5:27	5:42
30	Wed.	------	12:31	6:04	6:33
31	Thur.	12:23	1:15	6:42	7:26

New Moon - 24th **First Quarter - 2nd**
Full Moon - 10th **Last Quarter - 18th**

Blue Fish

AUGUST 2025

		High		Low	
		a.m.	p.m.	a.m.	p.m.
1	Fri.	1:05	2:02	7:22	8:27
2	Sat.	1:52	2:57	8:08	9:36
3	Sun.	2:51	3:58	9:01	10:38
4	Mon.	4:01	4:54	9:58	11:31
5	Tue.	5:05	5:43	10:51	------
6	Wed.	5:59	6:27	12:19	11:41
7	Thur.	6:48	7:10	1:04	12:31
8	Fri.	7:33	7:50	1:45	1:20
9	Sat.	8:15	8:29	2:23	2:08
10	Sun.	8:56	9:08	2:59	2:55
11	Mon.	9:38	9:49	3:35	3:42
12	Tue.	10:23	10:33	4:13	4:31
13	Wed.	11:12	11:21	4:54	5:25
14	Thur.	------	12:05	5:38	6:24
15	Fri.	12:13	1:01	6:27	7:27
16	Sat.	1:09	2:02	7:20	8:39
17	Sun.	2:12	3:14	8:22	9:57
18	Mon.	3:33	4:28	9:32	11:05
19	Tue.	4:54	5:31	10:40	------
20	Wed.	5:59	6:28	12:04	11:42
21	Thur.	6:56	7:18	12:57	12:40
22	Fri.	7:46	8:02	1:44	1:33
23	Sat.	8:30	8:41	2:24	2:21
24	Sun.	9:08	9:17	3:01	3:04
25	Mon.	9:44	9:50	3:34	3:45
26	Tue.	10:20	10:24	4:06	4:26
27	Wed.	10:57	11:00	4:38	5:09
28	Thur.	11:36	11:40	5:13	5:55
29	Fri.	------	12:18	5:50	6:44
30	Sat.	12:23	1:04	6:31	7:39
31	Sun.	1:11	1:57	7:18	8:45

New Moon - 23rd **First Quarter - 1st & 31st**
Full Moon - 9th **Last Quarter - 16th**

2025-2026 Oregon Inlet Tide Chart

Compliments of TW's Bait & Tackle

BAIT & TACKLE

OUTER BANKS, NORTH CAROLINA

Our 45th Year of serving the Outer Banks Angler

Red Drum

NAGS HEAD
252.441.4807

KITTY HAWK
252.261.7848

Atlantic Croaker

Daily fishing report at
www.twstackle.com

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Oregon Inlet Tide Tables

Subtract the indicated minutes for the following locations.

LOCATION	High	Low
Currituck Beach Light	-33	-44
Kitty Hawk (Ocean)	-37	-48
Cape Hatteras	-34	-45
Hatteras Inlet	-26	-32
Ocracoke Inlet	-25	-34

FISHERY RULES ARE SUBJECT TO CHANGE

NORTH CAROLINA RECREATIONAL COASTAL WATERS GUIDE FOR SPORTFISHERMEN

STATE REGULATIONS

	MINIMUM LENGTH	BAG LIMIT
Bluefish	None	3/Day
Cobia	See most recent DMF proclamation	
King Mackerel	24" FL	3/Day
Spanish Mackerel	12" FL	15/Day
Red Drum	18" to 27" TL	1/Day
Black Drum	14" to 25" TL (C)	10/Day
Flounder	See most recent DMF proclamation	
Speckled Trout	See most recent DMF proclamation	
Gray Trout (Weakfish)	12" TL	1/Day
Striped Bass	See most recent DMF proclamation	
Sheepshead	10"FL	10/Day
Spot	None	50/Day
Atlantic Croaker	None	50/Day
Blue Crab	5" Point to Point	50/Day

Effective Date November 2024
For most current minimum lengths and bag limits call 1-800-682-2632 or www.ncmarinefisheries.net

Blue Crab

SEPTEMBER 2025

		High a.m.	High p.m.	Low a.m.	Low p.m.
1	Mon.	2:07	3:01	8:14	9:56
2	Tue.	3:20	4:09	9:20	10:54
3	Wed.	4:35	5:06	10:23	11:41
4	Thur.	5:32	5:54	11:19	------
5	Fri.	6:20	6:38	12:24	12:11
6	Sat.	7:05	7:21	1:04	1:02
7	Sun.	7:48	8:04	1:44	1:52
8	Mon.	8:30	8:45	2:22	2:41
9	Tue.	9:13	9:28	3:00	3:29
10	Wed.	9:58	10:13	3:40	4:19
11	Thur.	10:47	11:03	4:23	5:12
12	Fri.	11:41	11:58	5:10	6:11
13	Sat.	------	12:40	6:02	7:15
14	Sun.	12:59	1:45	7:01	8:28
15	Mon.	2:12	3:01	8:10	9:46
16	Tue.	3:41	4:17	9:28	10:52
17	Wed.	4:56	5:20	10:41	11:46
18	Thur.	5:55	6:13	11:41	------
19	Fri.	6:45	6:59	12:32	12:35
20	Sat.	7:28	7:40	1:14	1:24
21	Sun.	8:06	8:16	1:50	2:08
22	Mon.	8:40	8:49	2:23	2:47
23	Tue.	9:10	9:19	2:54	3:24
24	Wed.	9:40	9:50	3:23	4:01
25	Thur.	10:13	10:25	354	4:39
26	Fri.	10:49	11:04	4:27	5:22
27	Sat.	11:32	11:49	5:04	6:09
28	Sun.	------	12:19	5:47	7:01
29	Mon.	12:40	1:11	6:37	8:02
30	Tue.	1:37	2:10	7:35	9:09

New Moon - 21th **First Quarter - 29th**
Full Moon - 7th **Last Quarter - 14th**

King Mackeral

OCTOBER 2025

		High a.m.	High p.m.	Low a.m.	Low p.m.
1	Wed.	2:47	3:17	8:44	10:09
2	Thur.	4:03	4:21	9:55	10:57
3	Fri.	5:01	5:15	10:56	11:39
4	Sat.	5:49	6:03	11:51	------
5	Sun.	6:35	6:50	12:20	12:44
6	Mon.	7:20	7:36	1:02	1:36
7	Tue.	8:04	8:22	1:44	2:26
8	Wed.	8:49	9:08	2:27	3:15
9	Thur.	9:35	9:55	3:11	4:06
10	Fri.	10:25	10:48	3:56	5:00
11	Sat.	11:21	11:49	4:47	6:00
12	Sun.	-------	12:23	5:44	7:04
13	Mon.	12:58	1:29	6:48	8:14
14	Tue.	2:16	2:43	8:01	9:26
15	Wed.	3:39	3:57	9:23	10:27
16	Thur.	4:46	4:58	10:35	11:16
17	Fri.	5:38	5:48	11:33	11:58
18	Sat.	6:23	6:33	------	12:24
19	Sun.	7:03	7:13	12:35	1:09
20	Mon.	7:38	7:48	1:10	1:51
21	Tue.	8:09	8:21	1:42	2:28
22	Wed.	8:38	8:51	2:14	3:04
23	Thur.	9:07	9:23	2:45	3:39
24	Fri.	9:39	9:57	3:17	4:16
25	Sat.	10:15	10:37	3:51	4:57
26	Sun.	10:57	11:24	4:29	5:42
27	Mon.	11:44	-------	5:13	6:32
28	Tue.	12:17	12:35	6:05	7:25
29	Wed.	1:15	1:29	7:04	8:22
30	Thurs	2:19	2:29	8:13	9:18
31	Fri.	3:27	3:33	9:27	10:09

New Moon - 21st **First Quarter - 29th**
Full Moon - 7th **Last Quarter - 13th**

NOVEMBER 2025

		High a.m.	High p.m.	Low a.m.	Low p.m.
1	Sat.	4:27	4:33	10:32	10:54
2	**Sun.**	**4:17**	**4:27**	**10:30**	**10:38**
3	Mon.	5:05	5:19	11:25	11:23
4	Tue.	5:53	6:10	------	12:19
5	Wed.	6:41	7:01	12:10	1:12
6	Thur.	7:29	7:50	12:58	2:03
7	Fri.	8:17	8:41	1:47	2:54
8	Sat.	9:08	9:38	2:36	3:49
9	Sun.	10:05	10:43	3:29	4:47
10	Mon.	11:05	11:53	4:29	5:47
11	Tue.	------	12:08	5:35	6:49
12	Wed.	1:06	1:13	6:47	7:51
13	Thur.	2:18	2:21	8:06	8:48
14	Fri.	3:21	3:23	9:18	9:36
15	Sat.	4:11	4:15	10:15	10:16
16	Sun.	4:55	5:00	11:05	10:53
17	Mon.	5:33	5:42	11:50	11:27
18	Tue.	6:08	6:20	------	12:31
19	Wed.	6:41	6:55	12:02	1:10
20	Thur.	7:12	7:28	12:38	1:46
21	Fri.	7:43	8:01	1:13	2:22
22	Sat.	8:16	8:37	1:49	2:58
23	Sun.	8:51	9:18	2:25	3:37
24	Mon.	9:31	10:05	3:04	4:20
25	Tue.	10:16	10:57	3:49	5:05
26	Wed.	11:04	11:52	4:41	5:50
27	Thur.	11:55	-------	5:41	6:38
28	Fri.	12:49	12:49	6:46	7:28
29	Sat.	1:49	1:49	7:58	8:20
30	Sun.	2:50	2:53	9:08	9:12

New Moon - 20th **First Quarter - 28th**
Full Moon - 5th **Last Quarter - 12th**

Sheepshead

DECEMBER 2025

		High a.m.	High p.m.	Low a.m.	Low p.m.
1	Mon.	3:46	3:54	10:10	10:01
2	Tue.	4:38	4:52	11:07	10:51
3	Wed.	5:30	5:49	------	12:04/11:43
4	Thur.	6:22	6:44	------	1:00
5	Fri.	7:14	7:38	12:36	1:52
6	Sat.	8:04	8:32	1:29	2:43
7	Sun.	8:55	9:29	2:22	3:35
8	Mon.	9:48	10:32	3:16	4:28
9	Tue.	10:44	11:36	4:14	5:22
10	Wed.	11:39	------	5:17	6:14
11	Thur.	12:38	12:34	6:23	7:05
12	Fri.	1:41	1:31	7:34	7:56
13	Sat.	2:41	2:34	8:46	8:45
14	Sun.	3:34	3:33	9:47	9:29
15	Mon.	4:19	4:23	10:39	10:09
16	Tue.	5:00	5:09	11:25	10:48
17	Wed.	5:39	5:52	------	12:10/11:28
18	Thur.	6:15	6:32	------	12:51
19	Fri.	6:50	7:10	12:08	1:29
20	Sat.	7:24	7:45	12:49	2:05
21	Sun.	7:58	8:22	1:28	2:41
22	Mon.	8:33	9:02	2:08	3:17
23	Tue.	9:10	9:46	2:49	3:54
24	Wed.	9:52	10:35	3:33	4:34
25	Thur.	10:37	11:26	4:24	5:15
26	Fri.	11:26	------	5:21	5:58
27	Sat.	12:18	12:17	6:23	6:45
28	Sun.	1:14	1:14	7:32	7:38
29	Mon.	2:16	2:19	8:45	8:35
30	Tue.	3:19	3:27	9:52	9:32
31	Wed.	4:18	4:32	10:53	10:28

New Moon - 20th **First Quarter - 27th**
Full Moon - 4th **Last Quarter - 11th**

JANUARY 2026

		High a.m.	High p.m.	Low a.m.	Low p.m.
1	Thur.	5:15	5:36	11:53	11:25
2	Fri.	6:11	6:36	------	12:49
3	Sat.	7:04	7:32	12:24	1:41
4	Sun.	7:54	8:24	1:20	2:28
5	Mon.	8:41	9:16	2:13	3:14
6	Tue.	9:28	10:11	3:05	4:00
7	Wed.	10:15	11:05	3:58	4:44
8	Thur.	11:02	11:57	4:54	5:28
9	Fri.	11:48	------	5:51	6:10
10	Sat.	12:48	12:35	6:51	6:54
11	Sun.	1:43	1:27	7:58	7:42
12	Mon.	2:41	2:32	9:06	8:33
13	Tue.	3:35	3:38	10:04	9:24
14	Wed.	4:23	4:33	10:55	10:11
15	Thur.	5:07	5:22	11:42	10:57
16	Fri.	5:49	6:07	------	12:25/11:42
17	Sat.	6:27	6:48	------	1:04
18	Sun.	7:03	7:25	12:27	1:39
19	Mon.	7:37	8:02	1:10	2:12
20	Tue.	8:11	8:39	1:52	2:45
21	Wed.	8:47	9:20	2:34	3:19
22	Thur.	9:26	10:05	3:18	3:56
23	Fri.	10:10	10:53	4:08	4:35
24	Sat.	10:57	11:45	5:02	5:19
25	Sun.	11:49	------	6:01	6:06
26	Mon.	12:41	12:45	7:08	7:01
27	Tue.	1:44	1:53	8:24	8:05
28	Wed.	2:56	3:12	9:38	9:13
29	Thur.	4:05	4:27	10:43	10:17
30	Fri.	5:07	5:33	11:42	11:18
31	Sat.	6:03	6:32	------	12:36

New Moon - 18th **First Quarter - 26th**
Full Moon - 3rd **Last Quarter - 10th**

Striped Bass

FEBRUARY 2026

		High a.m.	High p.m.	Low a.m.	Low p.m.
1	Sun.	6:54	7:23	12:18	1:24
2	Mon.	7:40	8:10	1:13	2:07
3	Tue.	8:23	8:55	2:03	2:46
4	Wed.	9:03	9:39	2:50	3:25
5	Thur.	9:43	10:24	3:37	4:02
6	Fri.	10:23	11:08	4:25	4:40
7	Sat.	11:04	11:52	5:15	5:19
8	Sun.	11:47	-------	6:06	5:59
9	Mon.	12:39	12:33	7:05	6:45
10	Tue.	1:35	1:29	8:14	7:39
11	Wed.	2:41	2:47	9:24	8:41
12	Thur.	3:43	3:59	10:20	9:39
13	Fri.	4:34	4:54	11:08	10:31
14	Sat.	5:19	5:41	11:51	11:20
15	Sun.	5:59	6:22	------	12:29
16	Mon.	6:37	7:01	12:08	1:05
17	Tue.	7:12	7:37	12:54	1:38
18	Wed.	7:48	8:15	1:38	2:11
19	Thur.	8:25	8:55	2:21	2:46
20	Fri.	9:05	9:39	3:06	3:23
21	Sat.	9:49	10:27	3:55	4:04
22	Sun.	10:38	11:20	4:48	4:49
23	Mon.	11:31	------	5:47	5:41
24	Tue.	12:18	12:31	6:54	6:40
25	Wed.	1:25	1:45	8:12	7:51
26	Thur.	2:44	3:15	9:28	9:07
27	Fri.	3:57	4:29	10:31	10:15
28	Sat.	4:58	5:30	11:26	11:16

New Moon - 17th **First Quarter - 24th**
Full Moon - 1st **Last Quarter - 9th**